Grass and Catnip/Catmint

Cat Grass:

Helps cats bring up furballs and adds roughage

Buy in pots, ready to grow indoors or sow seeds and grow them yourself

Do not use chemicals or fertilisers when growing cat grass

Germinates quickly (within two days) and grows to about 6"/15cm within 5 days

Very easy to grow and care for

Lasts between 2–3 weeks, then starts to wither and turn yellow

When it reaches 2"/5cm start sowing seeds in the next pot

Can be grown indoors at home, or for the cattery

DO NOT use grass from your lawn, it may well have contaminants, fertiliser or pesticide residues



CATNIP/CATMINT NEPETA CATARIA

Catnip/Catmint

Harmless, non-addictive perennial herb from the mint family

CAT GRASS

Buy from garden centres or sow direct from seed

Plant in the garden in full sun for a constant source of fresh catnip

Dry for use in toys, or purchase dried catnip

Do not use chemicals or fertilisers when growing catnip

Affects 80% of cats (both male and female) young or elderly cats may not show a response.

Catnip entices the cat to roll around on it and induces a 'high' in cats (but not all, and it can make some cats aggressive)

Cats may sniff, play with or even eat catnip

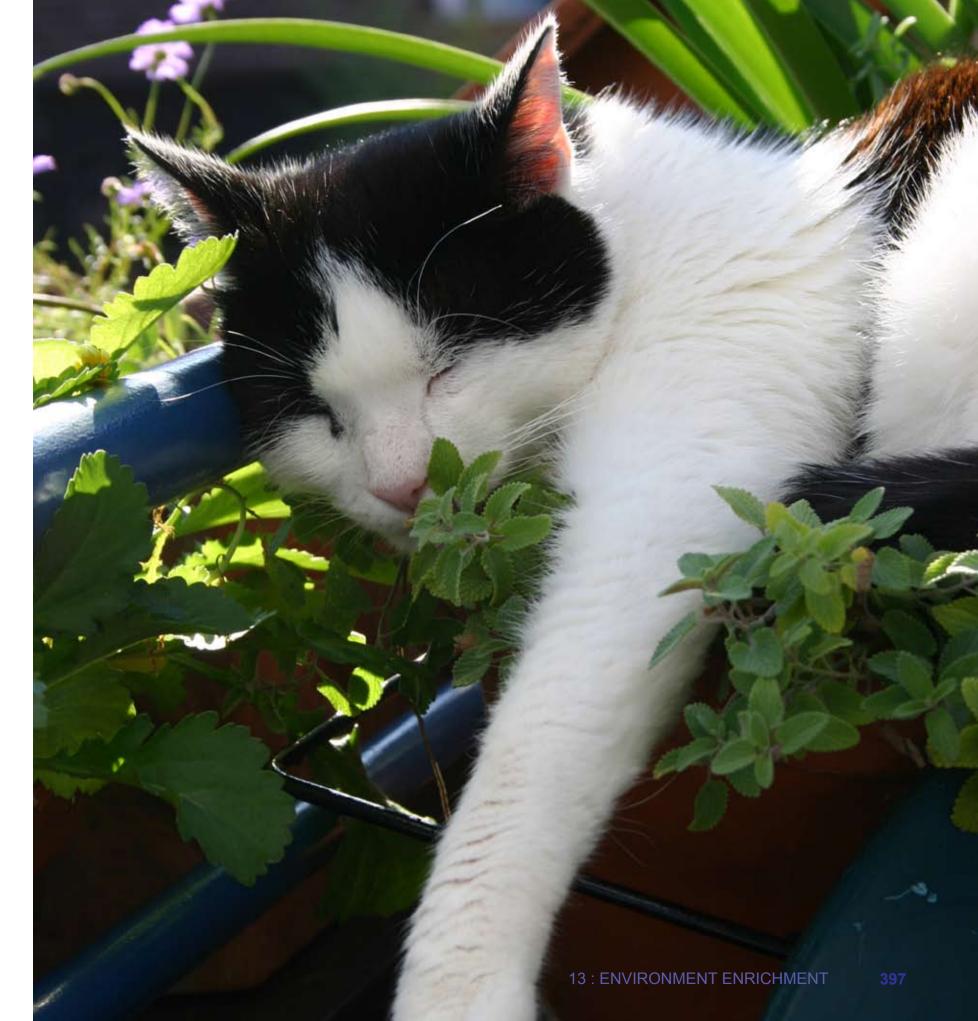
Only a little is required

Hide catnip toys in various places

Buy, or grow and dry catnip for replacing toy scent

Use sparingly – do not leave catnip scented items out all the time or they will lose their novelty factor

Can be used as therapy for depressed cats

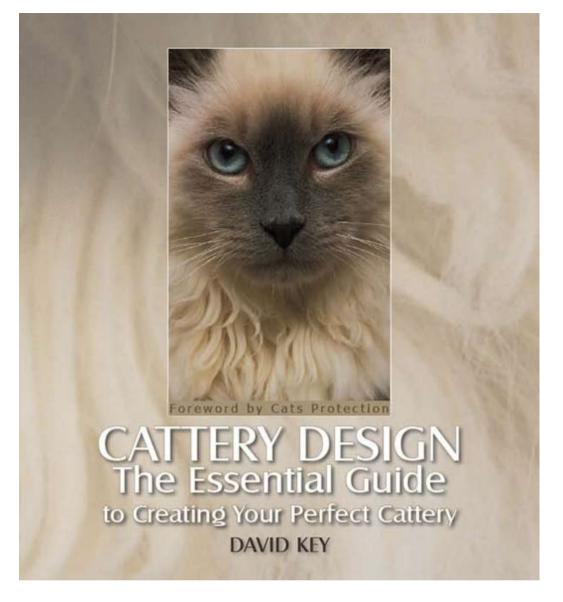


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